

Department of Primary Industries, Parks, Water and Environment



Freycinet National Park offers visitors a range of opportunities to enjoy spectacular coastal scenery, colourful wildflowers and a variety of Tasmania's animal life.

Your time here can be as relaxed or as energetic as you wish. Here are some suggestions to help you discover Freycinet. We hope you enjoy your visit.

Day visitor facilities

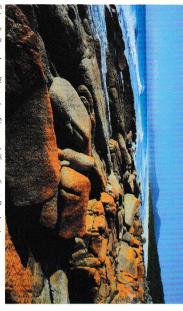
Electric barbecues, picnic tables, water and toilets are located at Honeymoon Bay and Ranger Creek.

Drinking water

The availability and quality of water in the park cannot always be relied upon. If you are planning an overnight walk you need to carry water. At least 3 to 4 litres of water per person per day is recommended.

Water activities

Explore life beneath the waves. Sleepy Bay is a great place for those who are more experienced at snorkelling and diving. Honeymoon Bay is a good sheltered area suitable for beginners. Rockpools occur at both of these locations, as well as at Ranger Creek. Please don't disturb the sea creatures.



Friendly Beaches Photo: Joe Shemesh/Stormfront Productions

Seasonal activities

During summer and occasionally at other times of the year, staff offer a variety of interesting activities such as guided walks, talks and slide shows for all ages.

Birdwatching

Many species of birds live in or stop over at Freycinet and the surrounding area. You may be lucky enough to see a white-bellied sea-eagle gliding overhead or large Australasian gannet diving for food in the ocean.

In the forested areas you'll often see or hear small nectar-feeding birds such as the eastern spinebill and yellow-throated, crescent or New Holland honeyeaters. You may also see or hear large yellow-tailed black cockatoos, which often feed and fly in raucous groups. Moulting Lagoon Game Reserve, just outside the park on the Coles Bay Road, is a wetland of international importance. Bird lists are available from the visitor centre.

Camping

The park offers a variety of basic powered sites for campervans and caravans up to 18 feet (5.4m) and unpowered campsites for tents. Sites are available all year around, except for Honeymoon Bay camping area which is only open over summer and Easter. A ballot system (drawn at the beginning of August) operates for Richardsons Beach and Honeymoon Bay between December and Easter each year. At Friendly Beaches basic camping is permitted at Isaacs Point where there are pit toilets, but no fresh water. For overnight walkers there are small campsites at the southern end of Wineglass Bay, Hazards and Cooks Beaches.

Fuel stove only

To protect the environment, all of Freycinet National Park (including the Friendly Beaches) has been declared a fuel stove only area and campfires are not permitted. Electric barbecues are provided at Ranger Creek and Honeymoon Bay. Portable fuel stoves are permitted.

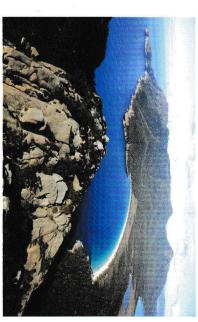


Photo: Joe Shemesh/Stormfront Productions

Be a volunteer – there are many community groups whose members volunteer in national parks and the Parks and Wildlife Service has many volunteer projects on offer each year.

Check www.parks.tas.gov.au for a list of groups and activities, or talk to the local ranger about volunteering opportunities.

Make a tax deductible donation to support reserve management — complete a WILDCARE Giving Form available from park visitor centres and Service Tasmania shops or donate on-line at www.wildcaretas.org.au



Wineglass Bay from Mt Amos Photo: Joe Shemesh/Stormfront Productions

Walk safely

In Freycinet National Park walks are often on steep granite and loose gravel surfaces. Make sure that you wear sturdy footwear suitable for this activity.

Plan to walk safely — know your way, walk within your capabilities.

Be prepared – take clothing and equipment to suit changeable weather and track conditions.

Avoid walking alone – walk with friends.

Let a reliable person know your plans, before you go be sure to advise them of your safe return.

Record your trip intentions in the log books – this will help searchers to locate you if you are reported overdue or missing.

Be prepared to turn back, or change your plans, if the weather deteriorates or the walk is more difficult than expected.

What to bring

- water minimum of llitre per person
- hat, sunscreen and sunglasses
- sturdy walking shoes or boots
- warm jacket beaches and mountain tops can be cool and windy
- waterproof coat Tasmanian weather is unpredictable
- insect repellent

Please note these walks are considered to be 'challenging' for the elderly, the unfit or those not accustomed to bushwalking.



This symbol indicates one of Tasmania's '60 Great Short Walks'.

Short walks

Great Oyster Bay Walk – 10 minutes return. An easy walk from the visitor centre to the beach.

Sleepy Bay – 10 minutes return. Drive to the signposted turnoff on the left, just past Freycinet Lodge. Stop at the carpark at Sleepy Bay. Gravel steps lead down to the view of the rocky shoreline of Sleepy Bay which, despite its name, often experiences wild and rough seas.

Sleepy Bay (Southern end) – 30 minutes return. After enjoying the view from above Sleepy Bay, follow the track that leads to the right. This provides beautiful coastal views before a steep descent to a small cove. While the track is easy to follow, it is rough underfoot in places and passes close to some high cliff tops.



Cape Tourville Walk – 20 minute circuit. Take an easy walk around the lighthouse and take in the panorama from Wineglass Bay to the Friendly Beaches.



Friendly Beaches – 5 minutes to 5 hours depending on how long you feel like walking. Panoramic views and miles of unspoiled, white sandy beaches are the main features of this area. The beaches can be reached via a signposted turnoff from the Coles Bay Road 18 km north of Coles Bay. A gravel road leads to parking areas and lookout points over the beaches.

Longer day walks

Wineglass Bay Lookout – 1 to 1½ hours return. The gravel track climbs steadily up to the lookout that will give you one of Tasmania's most well known views over Wineglass Bay. When you reach the saddle between Mt Amos and Mt Mayson the track turns left and leads to the lookout.



Wineglass Bay – 2½ to 3 hours return. From the Wineglass Bay Lookout continue downhill to the bay with its long white sandy beach. A further 20 minute walk along the beach to its southern end will give you magnificent views of the Hazards. Return to the carpark via the same route, or make the longer circuit route via the Isthmus Track described below.



Wineglass Bay/Hazards Beach circuit – 5 hours. Just before reaching Wineglass Bay Beach turn right onto the Isthmus Track. Cross the isthmus to Hazards Beach. After half an hour of flat walking you will reach Hazards Beach. Turn right onto the beach and continue along to the northern end. Here you join another track that follows the coastline around the base of Mt Mayson and then continues back to the carpark. This is an 11 kilometre undulating walk. (It is necessary to carry drinking water and food).



Mt Amos – 3 hours return. Mt Amos is part of the range of granite mountains, known as the Hazards, which dominate Coles Bay. The panoramic view from the summit rewards the experienced bushwalker. The arduous track crosses steep and slippery rock slab sections and can be difficult to follow. Mt Amos should not be attempted in wet or damp conditions due to these steep slabs that become very slippery.

Other walks

Some of Freycinet's more remote and beautiful areas can be visited by taking long day or overnight walks.

Contact the visitor centre for advice about the availability of water, the condition of the track and any special equipment that may be needed. The Freycinet National Park Map and Notes 1:50,000 is useful for longer walks in the park and can be purchased from the visitor centre.

